



## +Newsletter

Educate women and empower midwives to increase skilled birth attendance and health facility delivery.

We are a maternal health charity supporting a hospital, & running midwifery led clinics in Hoima district, Western Uganda.



## RUNGA UPDATE

Our Runga clinic provides essential, life-saving maternity care to the women & families of this isolated rural community. It runs safely in the hands of our Ugandan colleagues, led by Barongo Jerome, the in charge Midwife at Azur. Feedback from both our beneficiaries & village leaders remains very positive.



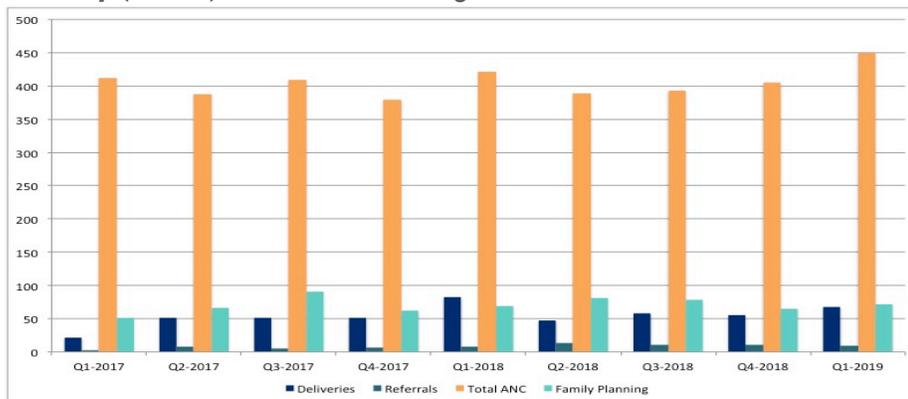
## REFLECTING ON 2019

After the sudden & tragic death of our dear friend & colleague Emvikia Grace in December 2018, we have had an extremely busy 2019. This newsletter is long overdue, as we have been pre-occupied with plans for a new clinic in Kyarushesha – see overleaf.

MAMA appointed a new Trustee to join Rhi, Harriet and Sofia: Alex Kennedy (Cairns) is an Obstetrics registrar who worked with Rhi & Sofia at

Wexham. Trips to Hoima by our Trustees took place five times, & they were joined by several volunteers: Charlotte & Lucy Kirpatrick, Charlotte Thompson & Sam Dockree. Thank you to Charlotte & Lucy Kirkpatrick, who ran a fantastic project teaching the Azur staff to make hand-sanitizing gel, & raised money for ingredients.

In addition to our Runga clinic, we have continued our support of Azur CHC IV, in particular the new HDU; the Waiting Homes in Hoima & Runga; & the Kyarushesha outreach clinic.



The **MAMA vehicle** was purchased thanks to a generous individual donation in July 2017, & is a robust 4x4, which means it can navigate the challenging terrain, even during the wet season, allowing us to transfer patients, staff & provisions safely. Lack of physical access to healthcare is a significant contributor to maternal mortality: our vehicle is key in addressing this. As Barongo reminds us, the car is not having its promised retirement! The maintenance and fuel costs are substantial, should anyone be interested in donating towards these in the future.



## + Thank you to our recent individual donors

Colin Dibley, Hal Witheridge (Radley School), Katherine Farrell & Tia (Summerlea C.P. School)

& to our regular donors, those who have donated via JustGiving, and those who prefer to remain anonymous.



We are delighted to welcome our new Patron, Vivien Green, to MAMA. Vivien has five children & a long held interest in promoting safe, normal childbirth. Now that her children have grown up, she is thrilled to be closely involved with a maternity charity.

## Kyarushesha MAMA Grace Clinic



We started the Kyarushesha outreach clinic in March 2017. It currently runs on a six-weekly basis, in line with WHO recommendations. Approximately 150-160 women are seen at each clinic, for antenatal care & family planning, with approximately 6-10 women being transferred to Azur due to complications of pregnancy. We believe that there would be huge benefits from installing a similar clinic

## Recent & future fundraising events

**Jun 2019** Cake sale, Wexham Park Hospital  
**RAISED £692**



**Nov 2019** Rotations Charity Shop, Whitchurch  
**RAISED £1608**

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**Feb 2020** Fundraising Dinner, Hart Street Tavern, Henley-on-Thames



**Apr 2020** Lucy Kirkpatrick is running the Manchester Marathon in aid of MAMA

to that in Runga. To institute this, & fund it for two years, we have applied to the UK Aid Direct Small Charities Challenge Fund (SCCF). Sofia Giannopoulou has resigned as a MAMA Trustee & on 29 January 2020 travelled to Hoima for two years to set up & manage the clinic. Rhi will join her for five weeks in March/April. We have rented premises & renovations are well underway. The planned opening date is 9<sup>th</sup> March 2020.